2019 Summer Swim Classes- Coomes Recreation Center

Updated on April 25, 2019

Classes will be limited to the first 6 students enrolled with the exception of the Parent and Child swimming lessons which will take 10 students.

To enroll, you must sign up the student and pay to have a spot held.

<u>Parent and Child Aquatics</u> familiarizes young children (from ages 6 months to 3 years) to the water and prepares them to learn to swim in the American Red Cross Preschool Aquatics or Learn- to- Swim courses. It is not designed to teach children to become good swimmers or to survive in the water on their own. Parent and Child Aquatics gives parents safety information and teaches techniques to help orient their children to the water. It also provides direction regarding how to supervise water activities in a responsible manner. These courses are a bonding experience that will fill instructor, parents, and children with wonderful lifelong memories

<u>Learn-to- Swim</u> teaches aquatic and personal water safety skills in a logical progression. It consists of 6 levels. Participants in Level 1 are oriented to the aquatic environment and gain some basic skills in each category. Throughout the levels, participants build on their basic skills to learn various propulsive movements on the front, back and side. As the levels increase, participants learn to refine the different strokes and build endurance. Each level includes exit skills assessments that put together many of the skills learned in the level.

The swim lesson schedule is based upon the needs and requests from the community. The only time classes will be changed or added to the schedule will be as a result of canceling a scheduled class. If this results, all enrolled will be contacted.

** Please note times for swimming lesson sessions has changed this year! **

REGISTRATION FOR SUMMER SWIM LESSONS WILL
BEGIN ON APRIL 1st, 2019

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AFTERNOON SESSIONS:

Session 1: June 3rd - June 13th

1:00 PM to 1:30 PM

June 3 to June 13 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

1. Parent Child Aquatics Ages 6 months-3yrs

2. Learn to Swim Level 1 Ages 4-6

1:45 PM to 2:15 PM

June 3 to June 13 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 6-8
 Learn to Swim Level 3 Ages 6-8

2:30 PM to 3:00 PM

June 3 to June 13 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 9-12
 Learn to Swim Level 2 Ages 6-8

Session 2: June 17th - June 27th

1:00 PM to 1:30 PM

June 17 to June 27 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 4-6
 Learn to Swim Level 3 Ages 6-8

1:45 PM to 2:15 PM

June 17 to June 27 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 3/4 Ages 6-8
 Learn to Swim Level 2 Ages 6-8

2:30 PM to 3:00 PM

June 17 to June 27 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 6-8
 Learn to Swim Level 3 Ages 6-8

EVENING SESSIONS:

Session 1: June 3rd- June 26th

5:30 PM to 6:00 PM

June 3 to June 26 [8 Classes] Monday and Wednesday Fee: \$35.00 member \$50.00 non-member

1. Parent Child Aquatics Ages 6 months-3yrs

2. Learn to Swim Level 1 Ages 4-6

6:15 PM - 6:45 PM

June 3 to June 26 [8 Classes] Monday and Wednesday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 2 Ages 4-6
 Learn to Swim Level 3 Ages 6-8

7:00 PM - 7:30 PM

June 3 to June 26 [8 Classes] Monday and Wednesday Fee: \$35.00 member \$50.00 non-member

1. Learn to Swim Level 1 Ages 4-6

2. Parent Child Aquatics Ages 6 months-3yrs



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AFTERNOON SESSIONS:

Session 3: July 8th - July 18th

1:00 PM to 1:30 PM

July 8 to July 18 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 4-6
 Learn to Swim Level 3 Ages 6-8

1:45 PM to 2:15 PM

July 8 to July 18 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 3/4 Ages 9-12
 Learn to Swim Level 2 Ages 6-8

2:30 PM to 3:00 PM

July 8 to July 18 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 4-6
 Learn to Swim Level 1 Ages 6-8

Session 4: July 22nd - August 1st

1:00 PM to 1:30 PM

July 22 to August 1 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

1. Parent Child Aquatics Ages 6 months-3yrs

2. Learn to Swim Level 1 Ages 4-6

1:45 PM to 2:15 PM

July 22 to August 1 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 4-6
 Learn to Swim Level 1 Ages 6-8

2:30 PM to 3:00 PM

July 22 to August 1 [8 Classes] Monday thru Thursday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 4-6
 Learn to Swim Level 2 Ages 6-8

EVENING SESSIONS:

Session 2: July 8th - July 3 1st

5:30 PM to 6:00 PM

July 8 to July 31 [8 Classes] Monday and Wednesday Fee: \$35.00 member \$50.00 non-member

Parent Child Aquatics Ages 6 months-3yrs
 Learn to Swim Level 1 Ages 4-6

6:15 PM - 6:45 PM

July 8 to July 31 [8 Classes] Monday and Wednesday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Ages 6-8
 Learn to Swim Level 5/6 Ages 9-12

7:00 PM - 7:30 PM

July 8 to July 31 [8 Classes] Monday and Wednesday Fee: \$35.00 member \$50.00 non-member

Learn to Swim Level 1 Adult
 Learn to Swim Level 2/4 Ages 6-8



ENJOY A COLORING PAGE ON US! WE ARE SO EXCITED FOR SWIM LESSONS AND WE HOPE YOU ARE TOO!

