COOMES RECREATION CENTER

SAND VOLLEYBALL LEAGUE RULES

**General**

**1**. The entry fee is $150 per team.

**2**. Participants must be 18 years of age or older.

**3.** Players in leagues or tournaments cannot be playing in high school or college at the time of the league or tournament.

Doing so may cause players to forfeit their school eligibility.

**4.** No player will be allowed to play or substitute for more than one team in the same league.

**5.** Teams will play the best two (2) out of three (3) games. Rally point scoring will be used for all games. First two (2) games will be scored to twenty-one (21) points and the third scored to fifteen (15) points. All games must win by two (2) points.

**6.** The team must have at least 4 persons on the court for an official game. If there are less than 4 people they will have to have permission from the opposing team for the game to play as an official game.

**7.** Rule concerning hits and ball crossing the net: If there is only 1 hit, either male of female can hit the ball across the net. If there is more than one hit, the ball must be played by 1 female before it crosses the net. 2 men cannot take the ball across the net, but 2 or more females can. Each side has no more than 3 hits in which to get the ball across the net.

**8.** Coomes Recreation Center sand volleyball is self-officiated so any disagreements in judgment calls result in a replay.

**9.** Teams will be given ten (10) minutes after the scheduled start time to have the minimum number of players (3), or the game will result in a forfeit. If a player arrives late the team must use one of their time outs to sub into the rotation.

**10.** Any rule not addressed in the following will be governed by the FIVB Official Beach Volleyball rule set.

**11.** A time-out is a regular game interruption. It lasts for 30 seconds. Each team is entitled to a maximum of one per game, 3 per match.

**12.** Teams will change sides every 8 points.

**13.** There will be no open hand tipping allowed.

**Rosters & Team Composition**

**1**. All teams will be required to have a roster. Teams will not be allowed to play if their roster is not returned by the second game. Players must be approved on the roster before play.

**2.** All players on the roster must play at least three matches during the season to be eligible for the tournament. Individuals may only be on one roster, playing for multiple teams in the same season is not allowed. Players will be required to sign in before every game of the regular season. No roster changes, no exceptions.

**3.** Teams will be made up of 4 players on the sand at one time, with a maximum of 6 players on each team’s roster. Games can be played with a minimum of three players, but the hitting rule still applies.

**5**. Substitutions will be permitted after any point.

**SCORING SYSTEM**

**1.**  Matches consist of best 2 out of 3 games with rally scoring in each game.

**2.** For each game, the first team that scores 21 points and is ahead by two points is declared the winner. Otherwise the winner will be the first team to 25. If a third set is needed the winner will be the first team to reach 15 points, winning by 2 points or until 20 points is reached.

**3.** Whenever a team fails to serve or return the ball, or commits any other fault, the opposing team wins the rally.

**4.** If the serving team wins a rally, it scores a point and continues to serve.

**Serving**

**2.** Serving the ball can be done overhand, underhand or sidearm.

**3.** If the serve hits anything (ie. ceiling, lights, backboard, net, etc.) before it hits an opponent’s person it is considered dead, and point for opposing team.

**4.** Blocking a serve is illegal.

**5.** Spiking the serve is illegal.

**Fouls other than the serve:**

**1.** Serving Foot Fault - if the footsteps across the end line on the serve it is a foul.

**2.** Double Hit - when a player hits the ball twice before it is hit by another player, or if it hits two body parts.

**3.** Illegal Hit - when a player hits the ball any way other than a clean, solid hit (lifts, slinging, carrying, etc.) All are bad hits.

**4.** 4 -Hits - when a team hits the ball more than the regulation 3 hits before it cross over the net.

**Replaying a Point**

**1**. Replays are called if there is a disagreement between the two teams playing.

**2**. Captains may get together to discuss a disagreement. These discussions are limited to the two captains that are assigned at the beginning of the league. (The scorekeeper can be asked for their input, but do not rely on them to make close calls.)

**3**. A ball or object that comes onto the court while the play is live.

**4**. All replays should be agreed upon.

**Sportsmanship**

**1.** A player showing unsportsmanlike conduct, using profanity, loud or vulgar language will receive one (1) warning from the scorekeeper. The second time may result in the suspension from the game or the match, this is decided by any Coomes Recreation Center staff. If any further action is required then the league supervisor has the right to suspend players from the league as necessary.

**2.** For the safety of the players and children, please keep children away from the playing courts

**3.** The only person on a team who may question a call or decision will be the team’s spokesperson. All other players may direct their comments through the spokesperson. Conversations between teams about specific calls will be limited to team captains only.

**4.** If captains cannot come to an agreement about a call in question then a replay shall be called.

**5. Remember that this a recreation league we are all here to have fun and exercise, it is not worth arguing about!!**

**Miscellaneous Information**

**1.** The Coomes Recreation Center will provide scorekeepers, printed schedules, and necessary equipment.

**2.** There will be no refunding of money after the schedule is made.